

RESOURCE GUIDE For Greater Nashua

Area Agency of Greater Nashua

Early Supports and Services (459-2775)

Birth to Age 3 - Evaluations & services for children with concerns in their development, including behavioral. Age 3 & Over (882-6333) family support available for eligible children with developmental disabilities.

Bridges

Provides a safe and empowering environment for the victims and survivors of domestic and sexual violence, including support groups, court advocacy, 24 hour support line, teen dating violence prevention, and shelter.

Nashua Office 889-0858

Milford Office 672-9833

24 Hour Crisis Line 883-3044

Child and Family Services – Parenting Plus

Short-term, home-based, voluntary, and free program offering families positive ways to handle children's behavior, learn effective parenting skills, & access community resources.

KinsCare/Grandparents' support group & mothers' playgroup available.

Nashua Office (889-7189)

Parent Line (1-800-640-6486)

Community Council (889-6147)

Clinic, home and community based mental health services for children (birth-18 yrs) and their families. Family supports and education, sliding fee scale.

NH Relay for the Deaf: 1-800-735-2964

Div. for Children Youth & Families (DCYF)

Local District Office Line (883-7726)

Provides services to children and their families, including assessment of reported abuse/neglect and case management toward amelioration of safety issues and reunification of families. **Child Abuse Report Line (800-894-5533)**

Emergency Reports After Hours at the NH Helpline 1-800-852-3388

Family Guidance Center of Milford (672-5005)

individual and family counseling available.

Family Resource Connection (800-298-4321)

Special service of the NH State Library that provides free lending library, statewide information and referral, and serves as a birth to 6 information clearinghouse.

Info-Bank of Nashua (883-9330)

Provides resources and referrals for the greater Nashua area.

Local School Districts

Provide evaluations & services for children 3 & over suspected of educational disabilities:

Amherst (673-2690)

Hudson (595-1570)

Litchfield (578-3575)

Merrimack (424-6215)

Milford (673-6709)

Mont Vernon (673-2690)

Nashua (594-4300 ext. 1172)

Wilton/Mason (878-1491)

Milford Mediation (672-2711)

Nashua Area Mediation (589-4550)

Mediation services to youth & family members. Helps families to communicate more effectively & teaches conflict resolution.

Milford Regional Counseling (673-2508)

Counseling for individuals and families. Sliding fee scale for qualifying individuals.

Nashua Area Child Care Resource and Referral (883-7726 x 718)

Provides information about child care options in the greater Nashua area, training and technical assistance to child care providers.

Nashua Area Health Center (883-1626)

Provides primary medical care & health-related services with an emphasis on prevention & lifestyle management to individuals & families in the greater Nashua community regardless of their ability to pay.

Nashua Child Care Services Office (589-4540)

Offers options & information on child care in greater Nashua. Technical assistance regarding licensing & professional issues is available.

National Alliance for the Mentally Ill NH (NAMI NH) 1-800-242-6264

Provides support & advocacy to NH families of children & adults with mental illness disorders.

New Hampshire Helpline (800-852-3388) www.nhhelpline.org

Provides statewide resources for health and human services 24 hours a day, 7 days a week.

Parent Information Center (1-800-232-0986)

Provides information, resources and support for families of children with & without disabilities.

Many parents find it helpful to discuss concerns with family physicians, pediatricians, and/or private mental health providers and helping agencies.

St. Joseph's Hospital (882-3000)

Southern NH Regional Medical Center (577-2000)

Nashua hospitals a variety of educational programs for parents.

Southern NH Services (889-7812)

The Youth Council (889-1090)

Outpatient family & individual counseling for children 3 and up. Parenting classes, programs for children struggling with child sexual abuse & domestic violence.

Title I (889-5900)

Cost free pre-school program for children turning 4 years old by 9/30. Nashua school areas served: Amherst St., Dr. Crisp, Fairgrounds, Ledge St. & Mt. Pleasant.

UNH Cooperative Extension (673-2510)

Educational programs & information for families.